Get to know your YES Clinical Committee Member: Arsham Sheybani, MD

Do you have an OR quirk? Music you always listen to? Something you always wear? Something you always do? I love baseball caps. I love all music, except modern-day country, on the radio.

If you could only eat one food for the rest of your life, what would it be? Salad—you pick. Straight veggies, salad with protein. If it has balsamic or lemon-based olive oil dressing … I could eat it every day, no question. In middle school, some kids at lunch called me rabbit—I loved the school salads!

How do you unwind after a stressful day? Listen to music after dinner with the fam.

What is the most unique place you’ve traveled/visited? Iran with my wife. I was born there, but it was nice being able to see it with her. I dragged Ike Ahmed with me for a meeting we spoke at. It was a treat having them there to see where I was born.

Who is your hero – in ophthalmology or personally? My sister, wife, and both parents. These are people that look internally for their shortcomings, and successes are always attributed to the help of others. But in reality, their internal drive and compassion make them special and successful. My wife grew up in super rural Missouri, and she's one of the sharpest people I know. My sister can handle anything you throw at her; she just powers on. My dad was there for the Baton Rouge community for years, staffing the burn unit, a non-call for his patients, 24-7. My mom, wow, well, she taught not only math but also Kung Fu, which is how she met my dad's sister and eventually my dad.

What’s your favorite movie? The Rock and, don't judge, but anything Korean, especially Oldboy.

Take Advantage of These Opportunities with ASCRS
• **YES Connect webinars:** These hour-long, binge-worthy webinars include YES members and experts discussing various topics, like interviews, social media, mentorship, and more! Watch the newest webinar now—*Perspectives on Private Equity in Ophthalmology.*

• **Ophthalmology Quicksand Chronicles:** An ASCRS podcast hosted by Nicole Fram, MD, and Elizabeth Yeu, MD.

• **Beyond 20/20: An ASCRS Series in Modern Refractive Surgery and Presbyopia Therapy:** Beyond 20/20, an ASCRS series sponsored by the Refractive Surgery Clinical Committee, is available fully on demand as a four-module CME program. Learn more about the series and register. Registration is complimentary for U.S. and international residents and U.S. fellows.

• **ASCRS Grand Rounds:** Stay tuned for the next virtual grand rounds presented by Emory University in November.

Get Involved, Contact Your Congressional Representative Today

*A Message of ASCRS Government Relations*

Come January 1, 2023, physicians will see an 8.5% Medicare reimbursement cut if Congress does not act before the end of the year. Congressman Ami Bera, MD (D-CA), and Larry Bucshon, MD (R-IN), have taken the first step to address the payment cuts by introducing bipartisan legislation—the "Supporting Medicare Providers Act of 2022" (H.R. 8800)—which addresses the nearly 4.5% cut to the Medicare conversion factor included in the Centers for Medicare & Medicaid Services (CMS) 2023 Medicare Physician Fee Schedule (MPFS) proposed rule. Additionally, Congress must act to avert the 4% pay-as-you-go (PAYGO) sequestration cut that is scheduled to go into effect next year.

ASCRS is calling on you to help stop these unacceptable payment cuts! Please contact your U.S. Representative today using the [ASCRS advocacy tool](#), which includes a message you may personalize, urging them to co-sponsor H.R. 8800, as well as take legislative action to stop the 4% PAYGO cut to preserve patients’ access to specialty care.

Follow ASCRS on Social Media and the App

For the latest news, events, promotions, stories, and more from ASCRS, confirm that you have liked/followed the society on [Facebook](#), [LinkedIn](#), [Instagram](#), and [Twitter](#)! Use the #ASCRSYES hashtag.

The [ASCRS app](#) is also a source of up-to-date information. Enable push notifications after downloading and logging in to the app to receive updates when new clinical content is available for viewing, to be alerted to upcoming deadlines, and more.
Registration for the 2023 Annual Meeting Opens November 21

Registration for the 2023 ASCRS Annual Meeting, May 5–8 in San Diego, California, opens on November 21. YES members receive complimentary/discounted registration and can look forward to a wealth of customized educational and networking opportunities.

ASCRS hosts various YES skills transfer labs and a dedicated day of YES programming and networking unique for the YES audience. Mark your calendars to register soon and start planning your trip!

Helpful Links and Resources:

- ASCRS YES Membership
- ASCRS YES Education
- ASCRS Clinical Education
- ASCRS Online Tools
- Official YES Hashtag: #ASCRSYES